UNISON WORLD SCHOOL
Realising her potential

Refreshment/ Meals	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
PRE-BREAKFAST (Before PT)	Cookies	Cookies	Cookies	Cookies	Cookies	Cookies	Cookies
PRE-BREAKFAST (After PT)	Flavoured Milk +Almonds	Flavoured Milk +Almonds	Flavoured Milk +Almonds	Flavoured Milk +Almonds	Flavoured Milk +Almonds	Flavoured Milk +Almonds	Flavoured Milk +Almonds
BREAKFAST	Continental Dish	Continental Dish	Continental Dish	Continental Dish	Continental Dish	Continental Dish	Continental Dish
	Milk with Cornflakes	Milk with Choco's	Milk with Muesli	Dalia Porridge	Vermicelli Porridge	Milk with Cornflakes	Milk with Choco's
	Indian Dish	Indian Dish	Indian Dish	Indian Dish	Indian Dish	Indian Dish	Continental Dish
FRUIT BREAK	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit	Fruit
LUNCH	DAL	DAL	DAL	DAL	DAL	DAL	DAL
	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE
	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE
	RAITA	RAITA	RAITA	RAITA	RAITA	RAITA	RAITA
	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
	PAPAD	PAPAD	PAPAD	PAPAD	PAPAD	PAPAD	PAPAD
	BREADS	BREADS	BREADS	BREADS	BREADS	BREADS	BREADS

	RICE	RICE	RICE	RICE	RICE	RICE	RICE
	CONTINENTAL / THAI	CONTINENTAL / THAI	CONTINENTAL / THAI	CONTINENTAL / THAI	CONTINENTAL / THAI	CONTINENTAL / THAI	CONTINENTAL / THAI
EVENING REFRESHMENT	SNACKS	SNACKS	SNACKS	SNACKS	SNACKS	SNACKS	SNACKS
	BEVERAGES	BEVERAGES	BEVERAGES	BEVERAGES	BEVERAGES	BEVERAGES	BEVERAGES
DINNER	Bread Sticks / Dinner Roll	Bread Sticks / Dinner Roll	Bread Sticks / Dinner Roll	Bread Sticks / Dinner Roll	Bread Sticks / Dinner Roll	Bread Sticks / Dinner Roll	Bread Sticks / Dinner Roll
	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP	SOUP
	DAL	DAL	DAL	DAL	DAL	DAL	DAL
	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE	SEMI GRAVY VEGETABLE
	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE	DRY VEGETABLE
	RAITA	RAITA	RAITA	RAITA	RAITA	RAITA	RAITA
	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD	SALAD
	PAPAD	PAPAD	PAPAD	PAPAD	PAPAD	PAPAD	PAPAD
	BREADS	BREADS	BREADS	BREADS	BREADS	BREADS	BREADS
	RICE	RICE	RICE	RICE	RICE	RICE	RICE
	CONTINENTAL	CONTINENTAL	CONTINENTAL	CONTINENTAL	CONTINENTAL	CONTINENTAL	CONTINENTAL
	THAI / CHINESE	THAI / CHINESE	THAI / CHINESE	THAI / CHINESE	THAI / CHINESE	THAI / CHINESE	THAI / CHINESE
	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
AFTER DINNER	FLAVOURED MILK	FLAVOURED MILK	FLAVOURED MILK	FLAVOURED MILK	FLAVOURED MILK	FLAVOURED MILK	FLAVOURED MILK